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NATIONWIDE CHILDREN'S
When your child needs a hospital, everything matters.

Nationwide Children's Hospital
ATTN: Community Education
700 Children's Drive
Columbus, OH 43205-2696

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First Steps: Infant Care Class

A Primer for the New, Adopting,
or Expecting Parent

2021



**NATIONWIDE
CHILDREN'S**

When your child needs a hospital, everything matters.

First Steps: Infant Care Class

Program Description

First Steps...Infant Care Class is for the new, expecting or adopting parent to learn about basic care for their child age birth – 18 months. We know that new parents have a lot of questions about caring for their baby and keeping them safe and healthy—so our teachers are especially prepared to address your concerns during class.

Topics

Parents will learn:

- Daily care such as bathing, skin care, clothing, mouth and teeth care, and feeding
- Home safety such as toys, pets, food and clothing, equipment and special tips for crawling infants
- Outdoor safety such as car seats, sun and water safety
- Common health concerns (birth-18 months)
- When to call your child's doctor and when to use an urgent care

Who Should Attend

This program is intended for new, expecting and adoptive parents.

Location

Note: During the COVID-19 pandemic, classes will be held virtually.

Nationwide Children's Hospital
Education Center
700 Children's Drive
Columbus, Ohio 43205

Program Date and Time

All classes are held from 6-8:30 p.m.

- February 17
- March 31
- July 7
- September 29

Cost

\$15 per person

Fee includes instruction by a registered nurse, educational materials and certificate of attendance.

Confirmation

A confirmation letter with directions will be sent to all participants who register for the program.

Refunds

Refunds will be given minus 30% for administrative costs until two weeks before the program. After this time, there are no refunds.

Questions

Call us at (614) 355-0662.

Parking

Parking is available in the Orange Parking Garage at the corner of 18th St. and Mooberry. The fee is \$2.

Registration Form

First Steps: Infant Care Class
2021

Name _____

Name _____

Address _____

City _____ State ____ Zip _____

County _____

Daytime phone (____) _____

Fax _____

Email _____

School District _____

Please mark if you need:

Wheelchair seating Sign language interpreter

You will be notified of your confirmed space by email.

Class Selection (please mark)

February 17 July 7

March 31 September 29

Cost: \$15 per person

Payment: Cash Check Visa MasterCard

American Express Discover

Credit Card # _____

Name on Card _____

Billing Address _____

City _____ State ____ Zip _____

Exp. Date ____ Amount enclosed: \$ _____

Please enclose a check made payable to
Nationwide Children's Hospital and
mail with this form to:

Community Education
Nationwide Children's Hospital
700 Children's Drive, Columbus, Ohio 43205

or register online at
NationwideChildrens.org/Edu

Other programs that may be of interest to you.
Send me information on:

CPR Classes Active Parenting 1-2-3-4